GRADS of LIFE .org

MENTORING ACTIVITY LOG

Month of _____

Mentor Name _____

Mentee Name _____

Activity Date	Duration of Activity	Activity Description	Frequency of Meetings	Activity Codes*	Phone/E-mail Contact	Quality Code**

Codes

*Activity Code: Please indicate the type of activity that the mentor/student engages in:

REC/SOC = recreational/social (movies, museums, shopping, hanging out)

ACA = academic (helping with homework, reviewing notebook, reading)

CAR/COL = Career/College (helping find a summer job, writing a résumé, applying to college, job shadowing)

OTH = Other (please explain)

**Quality of Relationship Code: Please indicate how you perceive the relationship:

E = Excellent G = Good F = Fair P = Poor N = Nonexistent

Source: Adapted from *How to Build a Successful Mentoring Program Using the Elements of Effective Practice*™, MENTOR (2005). Courtesy of The Maryland Mentoring Partnership, *Vision to Reality Mentoring Program Development Guide*.